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Rebalance MD

2019 Conference Agenda

Distal Extremities- When to Fix, Fuse or Replace

Introduction 0800-0810

Module 1: Trauma

Objective: To review and discuss the current management of acute trauma in the distal extremities.

0810-0830 Geoff Johnston – The not so simple distal radius fracture

0830-0850 Jeremy Lamothe – Syndesmotic reduction: advocating for an open reduction

0850-0910 Murray Penner – Lis Franc injury management

0910-0930 Brent Weatherhead – Pediatric elbow trauma update

0930-1000 Case presentations

Break 1: 1000-1015

Module 2: Hot Topics

Objective: To review and discuss changing practices in the treatment of osteoarthritis and trauma in the distal extremities.

1015-1035 Murray Penner – Management of 1st MTP OA using Cartiva

1035-1055 Jeremy Lamothe – Post operative mobility following ankle fractures: when to WBAT

1055-1115 Peter Dryden – Posterior malleolus management

1115-1135 Ken Faber – Monteggia injuries in adults: treatment strategies

1135-1215 Case presentation

Lunch 1215-1300

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Module 3: Subacute management

Objective: To review and discuss the updated management of distal extremity injuries.

1300-1320 Geoff Johnston – The role of a dedicated distal radius follow-up clinic

1320-1340 Zane Zarzour – DRUJ injuries: identification and management

1340-1400 Ken Faber – Post operative elbow: I thought I fixed that, now what?

1400-1420 Jeremy Lamothe – Primary TTC fusions in ankle fractures

1420-1500 Case presentations

Break 2: 1500-1515

Module 4: Techniques

Objective: To review and discuss advanced surgical techniques in distal extremity trauma and deformity.

1515-1535 Ken Faber – Tips and tricks to treatment of radial head fractures

1535-1555 Murray Penner – Advanced techniques in foot reconstruction (cavovarus and flatfoot)

1555-1615 Brent Weatherhead – A novel exposure of the distal humerus

1615 -1630: Closing remarks – Lucas Pugh

Optional Dinner at Oak Bay Beach Hotel- Guests welcome and pre-registration required

630 PM