

JUAN DE FUCA ORTHOPAEDIC ASSOCIATION in partnership with University of BC Orthopaedics

ANNUAL MEETING 2025

Orthopaedic Foundations: Insights and Innovations for Community Orthopaedic Surgeons

DRAFT Agenda

General Learning Objectives:

1. Review current literature regarding common problems facing community orthopaedic surgeons
2. Create academic level discussion around recent advances in treatment of common orthopaedic pathologies
3. Provide updates from subspecialist practitioners on relevant community orthopaedic problems

0800-0815: WELCOME AND INTRODUCTIONS

0820-0840: Dr. Dennis McElgunn Emergency Room Physician Award presentation (Dr. Peter Dryden)

MODULE 1:

Moderator: Dr. James McInnes

0840-0855: Dr. David Stephen - Pilon fractures - Insights from the east

0855-900: Q and A

0900-0915: Dr. Jennifer Leighton - Current trends in femoral stem design

0915-0920: Q and A

0920-0935: Dr. Jarrett Woodmass - Innovations in Shoulder arthroplasty

0935-940: Q and A

0940-0955: Dr. Mark McConkey - Modern ACL and Adjuncts: Updates from ISAKOS 2025

0955-1000: Q and A

1000-1015: REFRESHMENT BREAK and SPONSOR EXHIBITS

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Teamwork makes the dream work – Perspectives from Allied Health

Moderator: Dr. Tristan Camus

1020-1035: Royal Jubilee Hospital Manager : OR challenges - from the manager's office

1035-1040: Q and A

MODULE 2:

1040-1055: Dr. Jennifer Leighton - Approach to balancing TKA using MAKO robotics

1055-1100: Q and A

1100-1115: Dr. David Stephen - Midfoot injuries: whats new?

1115-1120: Q and A

1120-1135: Dr. Jarret Woodmass - Reducing opioid dependence following out patient orthopaedic surgery

1135-1140: Q and A

1140-1230: Stretch and SPONSOR EXHIBITS

1230-1300 Lunch and Learn with Bioventus- Non CME

Getting Ahead of Fracture Healing

**Dr. Andrew Harrison, Senior Director of International Medical Affairs,
Specialization in Exogen, Bioventus**

MODULE 3:

Moderator: Dr. James McInnes

**1300-1315: Dr. David Stephen - Lifelong learning for pelvis and trauma surgery:
perspectives from a career at Sunnybrook**

1315-1320: Q and A

1320-1335: Dr. Jennifer Leighton - Alignment strategies for TKA in 2025

1335-1340: Q and A

1340-1355: Dr. Jarret Woodmass - Shoulder stabilization- Remplissage is here to stay

1355-1400: Q and A

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1400-1430: Ask the Expert - Case Based Discussions

1430-1445: REFRESHMENT BREAK

Module 4: *Western Canadian Resident Research Spotlight*

Moderator: Dr. Tristan Camus

14:45-14:55 – University of Calgary Resident - Cost analysis of syndesmotic fixation: dynamic stabilization versus screw fixation.

14:55-15:05- Dr. Martin Botha PGY-4: University of Alberta - Reducing operating room waste in orthopaedic surgery: A quality improvement initiative UAH-WISE: University of Alberta - Waste less, Innovate, Sustain & Eliminate

15:05-15:15 – University of British Columbia Resident

15:15-15:30: Q and A

15:30 – 16:00 Ask the Expert - Case Based Discussions

UBCOrtho Address

16:00 –16:15 Dr. Kishore Mulpuri, Update from UBC

16:15- 16:30 Q and A

1630-1645: CLOSING REMARKS AND THANK-YOUS

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Orthopaedic Association. You may claim a maximum of (TBA) hours (credits are automatically calculated). | Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at <https://edhub.ama-assn.org/pages/applications>.